



### LITHIUM QUARTZ

Lithium Quartz is a combination of pure Clear Quartz with inclusions of Lithium rich minerals. The Lithium is often seen as a pale pink to mauve phantom within the Quartz. The Lithium contained in this Quartz is the same mineral used in mood stabilizing medications. When combined with Clear Quartz, the natural antidepressant properties of Lithium are amplified. It is a good stone to use when working with pets or plants.



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